

## WHAT IS CHASE HOUSE

An inclusive, Qualified Residential Treatment Program (QRTP) supporting youth in the child welfare system. Chase House provides a home-like atmosphere where youth access developmentally appropriate, therapeutic support while attending school and other activities in the community. We are a touch-free, non-locked facility where youth can build life, emotional, communication, and interpersonal skills. Our substance use program supports youth actively in recovery with several months of sobriety who do not require in-patient rehab.

## WHO IS BEST SUPPORTED AT CHASE HOUSE

Chase House supports youth ages 12-18 years old who are funded by Title IV-E through their placing county who require out-of-home placement. We specialize in supporting youth diagnosed with ADD/ADHD, oppositional defiant disorder, mood disorder, attachment difficulties, depression, anxiety, and post-traumatic stress disorder. Our participants are independent and enjoy engaging in community activities including school, meeting with professionals, and “prosocial” events. They also actively engage in healing and growth programs that help them and achieve their goals.

## THERAPEUTIC SERVICES PROVIDED

Youth are required to actively participate in their healing and growth. Chase House creates individualized plans designed to meet each youth’s needs. These include individual, family, and group therapy; art, play, talk, and equine therapy; outdoor experiential therapy; and substance abuse treatment. All youth are required to engage in a full mental health and substance use assessment.

## ADDITIONAL SERVICES OFFERED

- Milieu management
- Weekly psychosocial groups
- Weekly processing groups
- House meetings
- Weekly recreational activities
- Weekly prosocial outings
- Abstinence monitoring
- Behavioral planning/monitoring
- Case management services
- Medication monitoring
- Medical/dental/optical services
- Scheduling and transportation

## SERVICES NOT OFFERED

- Detox
- In-patient substance use treatment
- Intensive outpatient treatment
- Locked facility
- Physical restraint-based interventions
- Bathing/toileting services
- Continuous medical support/supervision





## YOUTH NOT APPROPRIATE FOR CHASE HOUSE

- Youth charged with violent crimes against another person such as assault with a deadly weapon, murder, manslaughter, aggravated assault, and vehicular assault or homicide.
- Sexually offending youth who have an open investigation/case, or where an investigation has confirmed sexual perpetration allegations and have not had Sex Offender Specific Treatment.
- Youth needing in-patient substance use treatment, who are actively using substances with a high rate of overdose or withdrawal, or who have overdosed on a substance within the past 30 days.
- Youth with cognitive delays or IDD who are unable to abide by and comprehend the program.
- Youth who are not able or willing to engage in community-based interventions.
- Youth who are not willing to engage in mental health programs including individual, group, and family therapy and prosocial outings.
- Youth with any infectious/contagious diseases or diabetic youth who are inconsistent in regulating their insulin and/or dietary restrictions.
- Youth who are not able to function independently (i.e. bathing, toileting, etc.).
- Youth who are supported by CYMHTA or CHRP.
- Youth with severe/chronic or life threatening health issues, or youth requiring accessible facilities.

## YOUTH WHO MAY BE CONSIDERED ON A CASE BY CASE BASIS

- Youth with multiple charges/incidents related to fire starting/arson in which the youth has not received treatment or has engaged in fire starting in the past 6 months.
- Youth with a mental health diagnosis that are noncompliant in taking psychotropic medication, are not under a psychiatrist's care and have not had time to stabilize on their own.
- Youth who have demonstrated suicidal ideation (within 24-72) hours or have homicidal plans/intent.
- Youth with active reported and legal documentation of current gang involvement.
- Youth with who are physically aggressive toward staff or peers.



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